



City of Boulder and YMCA OF BOULDER VALLEY Are dedicated to your health

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

As a benefit of your employment City of Boulder offers you a corporate membership with the YMCA of Boulder Valley. We all know that exercise is a key to good health. At the Y you have a variety of choices to find the sport or activity that is enjoyable and engaging for you. All you have to do is join, and you and your family are eligible for the corporate rate.

TRY THE Y

We invite you to come in for a tour and get a free three-day pass to try the Y. You can use our facility, take part in any of our classes, and even use our Child Watch. Bring this flyer or your company badge in to either Y for your three-day pass.

JOIN THE Y

The one-time joining fee will be waived (\$50-\$75 value)

Individual/Household Corporate Membership Rates (2016 Rates)	
Single Adult	\$54/month (reg. \$64)
Adult Couple	\$72/month (reg. \$82)
Single Adult Family	\$73/month (reg. \$83)
Two Adult Family	\$81/month (reg. \$91)

Please provide a current company ID, pay stub, or business card to receive these discounted rates. Family rates include up to 7 children under the age of 19 residing at the same address.

Financial Assistance: The YMCA is a non-profit (501 C3) organization committed to the community.

Membership Benefits

- Access to YMCAs across the nation (our AWAY program)
- Child Watch (included with your family membership)—up to two hours free per day for children 6 weeks-10 years)
- Free Group Exercise Classes
- Free Specialty Fitness Classes
- High-End Cardiovascular Equipment
- High-End Strength Training (free weights and machines)
- Gyms / Basketball Courts
- Indoor running tracks
- Ice Rink (Arapahoe Y)
- Drop-in Hockey (Arapahoe)
- Pools (four locations)
- Racquetball Courts
- Spirit, Mind, Body Studios (Yoga, Pilates (& Reformer)
- Massage Therapy (additional fee)
- Personal Trainers (additional fee)
- Boulder Rock Club joint membership (inquire at Y)
- Discounts on Sports, After School and Camps for Youth

**For more information, contact Ken Furuya
at ken.furuya@ymcabv.org or call 303-443-4474 x2700**